

Dubai Women's College
Practicing the Future

Dubai Women's College News

MSA GGE

Issue No 31

June 2008



AppComm students participate in the first Arab Gulf Film Festival. pg 6

Tips to start your own business pg 9



H.E. Sheikh Nahayan Mubarak Al Nahayan gives his speech. Photo By: Hamda Anwahi

Green IT at DWC

By Hamda Anwahi
and Jumana Ghanem
*Applied Communications
Year One*

This Excellency Sheikh Nahayan Mubarak Al Nahayan, UAE Minister of Higher Education and Scientific Research, Chancellor of Higher Colleges of Technology, inaugurated 'Green IT', Dubai Women's College's 4th IT conference on Feb, 27th, 2008. In his opening speech, H.E. Sheikh Nahayan bin Mubarak said, "In the United Arab

Emirates, we are seizing the opportunity to develop our country in ways that reflect our most important values. We are using our resources to become a world leader in clean technologies." The purpose of organising the 'Green IT' conference, was to get students, graduates, industry leaders and representatives as well as other community members to address issues related to IT and its impact on the environment. This conference gave the DWC IT Students a chance to showcase their ideas and opinions about eco-friendly IT. How eco-

friendly IT solutions could save the environment was the most highlighted topic during the event. Also, the conference's speakers addressed the current issue of emiratization and highlighted available IT opportunities within various sectors in Dubai and the UAE. DWC IT students and graduates had the opportunity to meet IT industry leaders, network and exchange ideas. Ahmed AlHashimy, an Abu Dhabi Men's College IT student who attended the conference, said, "It was a good step to start thinking about using the technologies to keep our society green."

Insight Dubai

By Aisha Bin Obood
*Applied Communications
Year One*

Dubai Women's College hosted for the fourth year 'Insight Dubai' conference, on March 23rd - March 27th, 2008. This interactive five day conference gathered more than 50 international female students from around the world to actively discuss with young women from DWC, pertinent issues of government and culture in today's global world. Dr. Monica Gallant, Chair of Dubai Women's College Business Programs, said, "The Insight Dubai Conference engages young women in role plays, debates and discussions that enlighten and inspire them to take active leadership roles and overcome cultural stereotypes." These young women come abroad from great distances to make their voices heard and to share their thoughts, concerns and beliefs with other young women.



Dr. Reed welcomes the participants. Photo By: Aisha Bin Obood

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DWC second year Financial Services students go on an international trip to Hong Kong. pg 7



DWC's first international exhibition, SHOWOFF 32, tours Australia. pg 3



Learn Japanese with Akiko. pg 5



Bullfighting is a weekend's tradition in Fujairah. pg 9

Congratulations

The Abu Dhabi-based daily, the National, has listed Dr. Behjat Al Yousuf, Dubai Women's College (DWC) Associate Director, as one of the most influential women in the UAE. Dr. Behjat is nationally

recognized for her efforts to encourage more Emirati women to work in the IT field. "She has done a lot of work to promote women's education, while also raising her six children," the paper states. Dr. Behjat, who joined the

Higher Colleges of Technology in 1990 as a faculty member, received her PhD in Software Engineering from Reading University in the UK and has always been a role model for hundreds of female students studying at the college.



Dr Behjat. Photo By: Al Anoud.

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Dr. Howard Reed

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DWC Associate Director, Dr. Behjat Al Yousuf
Photo by: Alanoud Eljeniedi

Dr. Behjat assesses Business Women Award

By Alanoud Eljeniedi
Applied Communications
Year One

Dr. Behjat Al Yousuf, DWC Associate Director, has been selected as an assessor for the Emirates Business Women Award 2008. She won the award herself in 2006, and was appointed a mentor in 2007. Launched in 2003 with very experienced and active members, the Emirates Business Women Award has been supported by their management members: H.H Shiekh Ahmed Bin Saeed Al Maktoum, Chairman, Marwan Al Sawalih, Chairman, and Raoul Restucci, Executive Vice President. The Emirates Business Women Award's mission is to recognize and celebrate the contribution of business and professional women in the UAE. Being an assessor and a mentor for the year 2008 awards shows the Emirates Business Women Award has trust and confidence in Dr. Behjat.

"My aspiration is to develop and improve UAE women's contribution in the field of science, engineering and technology. The pillar in achieving this is by educating and inspiring women in these fields," commented Dr. Behjat. And about her contribution this year, she said her main role is a mentor which means that she will work with a candidate. "I will work with the candidates in setting goals and working towards becoming successful in today's competent world. This will build leadership in a person who works towards a goal rather than grabbing opportunities as they come," she added. Dr. Behjat was awarded the prestigious UAE Business Women Award for Career Achievements in 2006 and H.H Shiekh Rashid Award for Scientific achievement, in addition to Outstanding Community and Leadership awards from HCT.

Maryam Bin Fahad: a role model



Photo by:

By Reem Ahmed
Applied Communications
Year One

She is a successful young Emarati woman who studied media at Dubai Women's College and graduated in 2002. During her college years, she was an outstanding media student who managed the college Radio Station "Rawand FM" in 2000. She completed her Bachelor of Arts in Film and Moving Image Production, majoring in Directing from Leeds Metropolitan University, Northern Film School (NFS) in the UK. Now Maryam Bin Fahad is the Executive Director of Dubai Press Club, a prominent media organization. About her college years, Maryam says, "I am proud to be one of DWC graduates, and I was indeed very fortunate to have tutors who believed in my capabilities and supported me throughout the years I have spent in Communication Technology. Apart from facilitating me to fulfil my personal objectives, DWC endowed me with skills to face future challenges. I gained my experience

from working in different fields, including assistant director to Dubai-based video production, assistant director and co-writer in the documentary 'The Nation's Beloved', she added. Maryam also worked for short projects with Al-Rahbani Productions, CNBC, Al Arabiya Productions between the years 2002 and 2005. Besides her long working hours, she likes to write her own films. Maryam has won a number of awards including, Her Highness Sheikh Hind Al Maktoum Special Award for directing the film "Sheikh Zayed" for Dubai Women's College Graduation Ceremony (2005), a certificate of appreciation for her two films "Into the Unknown" and «The Explosion» in Emirates Film Competition 2004 and 2005, and a Special Jury Award in the Emirates Film Competition for "Lifeless", a short film she wrote, directed and produced in 2002. In her free time, she enjoys reading, writing short stories, web design, and sports. About her ambitions, Maryam says, "I aim to be a credible leader in the media industry, and serve as a role model for aspiring media professionals in the UAE. I look forward to the day when I can represent my country regionally and internationally in high profile forums through which I can contribute to the development of not just the industry, but also my community and country at large. My current role as Executive Director of Dubai Press Club is grooming me towards this objective."

DWC management attend workshop

By Alanoud Eljeniedi
Applied Communications
Year One

DWC Management team participated in a "Professional Development Session" delivered by Dr. Stephen Covey, the author of 'The Seven Habits of Highly Effective People', on March 4th, 2008 at Jumeira Beach Hotel. Dr. Howard Reed, Director of DWC, attended the session where he sought new ideas to improve the college environment, which he considered as his goal. "Our shared values that we have in the college are trust,

integrity and honesty. We have these words that we want to share and make them practices not just words," said Dr. Howard. Dr. Stephen Covey's visit was a great chance to enhance the human side of the management performance. Dr. Stephen Covey is considered one of the world leading consultants to more than 500 companies and leaders. "He is a teacher and a philosopher and his teaching in philosophy is centre about ethical behavior and integrity," said Brian Keenan, DWC Dean of Diploma and Foundation Division. The Director of DWC and the college's senior managers were seeking new ideas and suggestions that would have a positive impact on the



DWC management team in Covey Session. Photo by: Alanoud Eljeniedi

college to improve and establish a better environment. Jamie Stewart, DWC Dean of Business, EDU and Learning Resources said, "Certainly, we were

looking for ideas and suggestions on how to improve our processes and obviously one of the messages that came out is how to work on our organization culture."



Education leaders and teachers attend DWC B-Ed conference. Photo by: Shaikha AlAyali.

DWC hosts Education Conference

By Sara Aljawi & Shaikha AlAyali
Applied Communications
Year One

The Early Childhood Education Bachelor program conducted the 6th Annual Teacher Education Conference, in Dubai Women's College on February 28th, 2008. This conference is held annually to help teachers to improve their teaching methods using new and creative ideas. Dr. Howard Reed, Senior Director at Higher Colleges of Technology and DWC Director, said the UAE is a very ambitious country and what we talked about was right at the core of what would make the country continue developing." Twenty guest speakers were invited to talk about different topics under the education category. Leaders and teachers from different schools and

colleges attended this conference. "The Issue of Sustainability in Education" titled a speech by John Collins, Professor of International Education at the University of Northern Kentucky, USA. He said, "I think that DWC students are very fortunate indeed; they have the opportunity to contribute to the UAE through education that is available in this institute. That is a splendid opportunity for every single woman in this college to actually fulfill their dreams." Fatima Al Marri, a CEO of the Schools Agency at the Dubai Knowledge and Human Development Authority, discussed the Educational Developments in Dubai Schools. She said, "This conference is taking me back to where I started as a teacher, what I am trying to share with you today is my experience and my journey from where I started as one of you."

Fatima said that teachers have to put a big effort in the educational path and sacrifice to make a positive difference for the generation. Sean Ingoldsby, the Program Leader for the Early Childhood Education, Bachelors program, gave a speech titled "What are they trying to tell us? A look at behavioral and developmental issues in early childhood." Leaders and teachers believed the conference was very beneficial, and it was a chance to listen to experts and get their opinions. The audience had the chance to participate and ask questions to the guest speakers in the open discussion session. The response of the students, teachers and the audience was positive.

College offers BAS in marketing DWC

By Hessa Al-Hammadi
Applied Communications
Year One

Dubai Women's College offers Bachelor of Applied Science, BAS, in Business and Management (Marketing). The program started on February 10th, 2008. Monica Gallant, Chair of the DWC Business Program said, "The main goal of launching this program is to provide students with advanced skills in business

management, but the focus will be on marketing."

To join the program, students must have completed a Higher Diploma in one of the Business majors or E- Business Management. Also, they must have achieved an IELTS score of 6. Priority is given to working students since spaces are limited, Monica said. Jawaher Al Shamsi, a year four Bachelor Marketing student, said about the program, "I graduated with Higher Diploma in Finance in 1999, and I have working experience of eight years. To continue with my higher education, I have to get my Bachelor certificate. I'm trying my best to balance between work, family, and education," Jawaher added.

An award winning teacher

By Reem Ahli
Applied Communications
Year One

A DWC English faculty member received the "International Category of the British Council Innovation Awards 2008", one of the prestigious awards given by the British Council. Leigh Butler, a DWC faculty member nominated Emma Pathare, a Diploma Foundations teacher, for the "International Category of the British Council Innovation Awards 2008". In recognition of her innovative teaching style, Emma won the award for her vocabulary course, used by the Diploma Foundations students using WebCT throughout the college network. Commenting on the award, Leigh said, "The College (and the



Award winning teacher, Emma Pathare, second right. Photo provided by: the British Council.

Diploma Foundations Department in particular) is extremely proud of Emma winning this worldwide recognition. Her online vocabulary course used at DWC and other HCT colleges is proving invaluable for the Diploma Foundations students in their English course."

SHOWOFF 32 Exhibition in Australia



DWC first international exhibition held in Billy Blue, Australia. Photo provided by: Billy Blue.

By Noora Al Blooshi
Applied Communications
Year One

Dubai Women's College opened its first international exhibition, SHOWOFF 32, on November 2nd in Sydney, Australia at Billy Blue College where 20 students who graduated with a Higher Diploma in Applied Media Studies, displayed their work. The relationship between Billy Blue College and DWC in the UAE is

an example of how relationships allow students to participate in the global education experience. Margo Tummel, a DWC Graphic Design faculty, said, "Billy Blue School of Graphic Design is one of the well recognized providers of design studies in Australia. DWC has built a relationship with Billy Blue for the last couple of years, which is proving success in the exchange of information and student work."



Colors and visuals help teachers deliver information to children. Photo by Shaikha Al Ayali

EDAD Program

By Shamsa Ahmad
Applied Communications
Year One

Students pursuing their master degree will have the chance to achieve their dream abroad through the EDAD Scholarship Programme. The EDAD Scholarship Programme was presented by Janine Rentz El Tal, Educational Consultant of the programme in a meeting organized by DWC Career Services on February 28th. Active students who have strong academic degrees and leadership skills will be offered to complete their MA or MSc studies abroad.

They will have the opportunity to choose to study in the UK, the US, Canada, and many other countries. Janine, EDAD consultant, said the program is not only for academic purposes; we are looking for students with potential to contribute to their community after they finish their studying journey and to bring positive changes.

DWC offers early childhood education

By Shaikha Al Ayali
Applied Communications
Year One

The DWC Education Department offered a new program in the academic year 2007-2008, which is the Bachelor of Education in 'Early Childhood Education'. This program is the first of its kind in the United Arab Emirates. Sean Ingoldsby, the Program Leader for the Early Childhood Education, Bachelors program, said, "I have

been writing the courses for the last two years which are specifically designed to meet the needs of the diverse educational landscape of the UAE and even in this short space of time our students have already begun to make their presence felt in the early childhood sector," Ross Currie, DWC Chair of Education Department, proposed the idea of offering Bachelor of Education in Early Childhood Education to HCT management. The newly introduced program

enables students to become much more active in the community working with a variety of early childhood practitioners with different nationalities. This program will also enable students to meet the developmental needs of young children of varying abilities, strengths and weaknesses by working in a range of local and international schools. "I am really proud of those girls (already enrolled) in year two, I can't believe the progress that they have made in these two years," he added.

Khadeeja Mohammad Al-Awadi, a member of the year two Early Childhood Education program, said, "In my point of view, students in the Early Childhood Education program need to be open minded because the schools of today have different methods and rules that UAE society is traditionally not used to."



Students participate in Tamaiaz

By Mirah AlFalasi
Applied Communications
Year One

DWC students had the opportunity to participate in Tamaiaz Award, a competition launched by Mawarid Finance to boost competitiveness and creativity of new UAE graduates and senior university students. The Tamaiaz Award was introduced to the college students in a lecture

held on February 14, 2008, organized by DWC Career Services. Also, the purpose of this lecture was to encourage students to participate in the competition. According to a press statement released by the company, "Mawarid has dedicated an annual budget of AED 1 million to the award, which covers seven categories: media and mass communications, banking and finance, accounting and auditing, sharia'a and law, information technology, marketing and sales, and leadership.

Students and graduates are invited to submit innovative projects that will be judged by the Tamaiaz Award committees." Commenting on the award, Ebrahim Al Belooshi, Public Relations Manager of Tamaiaz, said, "I would like to invite all UAE students to participate in Tamaiaz Award in order to market themselves in a unique way and to apply their knowledge and skills."

Building a better teacher

By Sara AlJawi
Applied Communications
Year One

Eleven students from DWC Early Childhood Education visited the International Baccalaureate Primary School in Dubai and had the chance to practice teaching. Sean Ingoldsby, a DWC Bachelor of Education Faculty, said the aim of the visits is "to look at different kinds of approaches towards children's teaching and learning." Also, students will be working with children in different kinds of areas. "Our education students will be focusing on the performing arts as well, by looking at how the teachers in an IB school implement the International Baccalaureate approach," he added. Khadeejah Mohammad Al Awadi,

a year two student in Early Childhood Education Bachelor program, said, "As a student in this program I believe we should be open minded, because we are approaching different schools in Dubai which apply different methods in teaching than what we, as local teachers, are used to."



Early childhood students use new teaching methods. Photo by Sara AlJawi



Bader Al Awadhi during his the workshop. Photo by: Ahlam Al Bannai

Portrait with SORA

By Ahlam AlBannai
Applied Communications
Year One

DWC's photography club, Sora, offered new activities to the college community in the second semester. The club management organized a number of competitions, courses and workshops during the learning

days. The first workshop, held on March 4th, 2008, focused on introducing the participants to the basics of portrait photography and how to edit this kind of photos. The workshop was given by Bader Al Awadhi, a young Emirati photographer and the Activities Manager of Emirates Photography Club. Both students and teachers were invited to participate in the workshop. Balqis Al Baadani,

a board member of Sora Club, said, "We are working to give students more workshops and photography classes to improve their photography skills and we are planning field trips. We offer our services and activities for free for our students because we want to encourage the Emiratis talents."

DWC organizes Employers' Day

By Shamsa Ahmad
Applied Communications
Year One

More than 50 companies were invited to the college to participate in 'The Employers' Day', organized by DWC Career Center on June 3rd. DWC graduates and third year students from different departments were required to register for full time employment

opportunities offered by the participating companies. Additionally, the companies offered part time employment opportunities and summer internship for first and second year students. This event came to assure DWC commitment to enhancing Emiratization within the private sector. Kinda Nahhas, DWC Graduate Relations Officer, said, "This event is very essential for the students specially for those who are going to graduate at the end of June."



Many companies participated in the event. Photo by: Shamsa Ahmed

Learn Japanese with Akiko



Japanese words. Photo by : Eman Al Owais

By Eman Al Owais
Applied Communications
Year One

DWC students had a chance to learn Japanese as an extracurricular activity offered by DWC Student Services. On February 18th, 2008, Akiko Matsumura, a Japanese Language teacher with more than ten years of experience, joined

DWC to offer Japanese language classes at DWC Students Center. The classes were given in two sessions a week. The first class was on Monday and it was a two-hour session, and the other class was offered on Tuesday and it was a one-hour session. Akiko hopes DWC will consider offering a regular Japanese Language course to DWC students because she believes that the Japanese is an important language here in UAE.

Better health



Dr. Baan Abdul Razaq. Photo by Renato Quero

By Eman Al Owais
Applied Communications
Year One

Dubai Women's College Students Services and the Fitness and Health Center organized a three-day health awareness campaign, on March 9th, 10th and 11th 2008. The opening was on the first day of DWC annual Sport Days. Some sports activities like ballet and other sports activities performed by schoolgirls marked the opening ceremony. Lubna Al Zarooni, DWC Events

Coordinator, said students who participated in the awareness campaign were divided into groups. A group attended a lecture on skin care, an issue of concern to female students, while the other group and the college's teachers and staff were engaged in various sport activities under the supervision of DWC Health and Fitness Center. On the third day, all students were invited to attend a number of lectures given by health experts. Read more about DWC 2008 Sports Days on page 13.

Islamic Bank at DWC

By Aisha Bin Obood
Applied Communications
Year One

Starting February 10th, 2008, the name of DWC branch of Emirates Bank has been changed to 'Emirates Islamic Bank'. This proposed change came after preliminary research done by the Financial Services students and it showed that the bank would have more customers, if changed to Emirates Islamic Bank. Fahmida Habib, DWC Financial Services faculty, said, "It is already showing a difference!" The bank is now gripping more customers than it

did before, especially, with its new range of high quality services and offerings, which meet the Sharia (Islamic law) needs. The bank also has special offers for students. They can now open their own accounts without any minimum balance needed. Fatema Al Marzouqi, the bank's Retail Banking Executive, said, "Besides, students are trained to be bankers. They get to learn in general all about banking from opening new accounts to marketing and other services and skills."

Student using the ATM machine Photo by : Aisha Bin Obood





DWC Paramedics students run a workshop in DMC.

Photo By: Yvette Brazier

Paramedics Workshop at DMC

By Khulood Al Jasimi
Applied Communications
Year One

Year three male Paramedics students had a workshop demonstrating their skills on February 21st, 2008 at Dubai Men's College, DMC, under the supervision of their teachers. The aim of the workshop was to introduce DMC students to the Paramedics program offered by Dubai Women's College.

The workshop was held to give the Foundation students more information about the major, and highlight the need for more Emirati Paramedics.

"This workshop collected 30 signatures from students who are really interested in the course," Yvette Brazier A DWC Paramedics faculty, said.

The workshop gave a lot of information to DMC students about the noble job that Paramedics do in the community and the world. "The students have learned many skills and

had the chance to show their confidence," Yvette added.



One of the practices by students.
Photo By: Yvette Brazier

World of Work conference

By Latifa Al-Karrani
Applied Communications
Year One

Aiming to prepare the Diploma Foundation students and raise their awareness on how the work would be in Dubai, both in the private sector and the public sector, Dubai Women's College (DWC) organized 'The World of the

Work' conference on May 14th for the fifth time. Representatives from Tanmia and ENDPF and DWC graduates, who are currently employed, have been invited to share their work experiences with students. The conference offered some special training sessions on how to prepare the Diploma students for the work place. Nancy Maloney, a DWC Business faculty, hopes participants found the conference useful. Nancy hopes the

Diploma year one students would know more about what is available for them in Dubai.



:Logo provided by
World of Work conference

Bank account for ladies

By Aisha Sabeel
Applied Communications
Year One

DWC branch of Emirates Islamic Bank has launched, Al Reem Account, which is a new service for ladies only.

Ayesha Loutah from Emirates Islamic Bank came up with this idea a year ago to attract more female customers. Al Reem Account is offered for DWC students as well as female students in other universities and colleges. According to Fatma Al Marzouqi, a Retail Banking Executive, with the bank, Al Reem Account offers different types of accounts which are: current, saving and fixed

deposit. In addition, holders of Al Reem Account will enjoy other services offered by the Bank. These include a discount rate for loans, an ATM card, and a discount voucher, Fatma explained.



Photo by: Aisha sabeel

Art classes at DWC

By Hamda Anwahi
Applied Communications
Year One

Dubai Women's College Student Services offered art classes to the college students and staff. The art classes come among other extra curricular activities that aim to develop students' skills in additional areas. The classes were held twice a week, in the Art Room at DWC Student Center. Lubna Al Zarooni, DWC Event Coordinator, said "All supplies and equipment are provided for students in the art room and they are welcome to register in Student Services." Tauseef Al Mullah, a prominent Emirati artist and an art instructor gave the classes.



Work done by students
Photo by: Hamda Anwahi



DWC Art Room.
Photo by: Hamda Anwahi



Movie poster for Shaikha Al Ayali.

Students participate in GFF

By Kawthar Bin Natoof
Applied Communications
Year One

Ten students from DWC Applied Communications department participated in the first Gulf Film Festival, GFF, organized by Dubai Technology and Media Free Zone between April 12th and 17th. Shaikha Awad Al Ayali, a year one Applied Communications student and one of the participants, said, "This competition means a lot to me, it is a challenge to me

as a student to participate in this competition, but in my point of view this is a point of evolution to film making."

Shammi Samano, a DWC Media Production teacher said, "I applaud GFF for initiating this festival and not just stopping with Dubai International Film Festival, which is already such a great accomplishment. Some of our students have already been notified that their films have been accepted, which I'm so happy about. It is DWC Applied Communications department's tradition to encourage students to participate in local, regional and international media events and film

festivals. Students participate in two annual film festivals: Dubai International Film Festival and Emirates Film Competition.



Logo provided By GFF



Scene Club honors Emirati filmmakers. Photo by: Shaikha Al Ayali.

Scene Club honors Emirati filmmakers

By Shaikha Al Ayali
Applied Communications
Year One

In a very special night, organized by the Scene Club, a new film club launched by Nayla Al Khaja, a DWC graduate and a prominent Emirati film director, five budding filmmakers received special certificates in recognition of their contribution to the emerging Emirati cinema.

The event was organized at Dubai Community Theater and Art Center, in the Mall of the Emirates, on February 27th, 2008 under the title 'Emirati Night'. Following the recognition, five short movies were screened to an international audience. Ahlam Al Bannai, a year one Applied Communications student, who attended the event, said, "The Water Guard" (one of the

Emirati films screened) was amazing and the cinematography was very good." "The Water Guard", directed by Waleed Al Shehhi, was awarded in the Emirates Film Competition. According to Waleed, the movie is of the best movies he made. "Under The Sun", directed by Ali Al Hammadi, was another Emirati film screened. Ali said that he made this movie when he was studying abroad to show people the real Islam and its values. "Mirror of Silence", is a silent film directed by Nawaf Al Janahi who also acted in the film. It narrates, visually, the saga of a lonely male singer living alone, his hopes and dreams. The "Scene Club", created on November 30, 2007 by Nayla Al Khaja, founder and CEO of D-Seven Motion Pictures, gathers filmmakers who are enthusiastic to enhance the filmmaking industry in the UAE.

DWC helps kids in Palestine

By Reem Ahli
Applied Communications
Year One

For the fourth time, Dubai Women's College (DWC) held an annual book sale to support a community based English language project in Jayyous, a Palestinian Village in the West Bank. The annual Book Sale is coordinated by Maureen Szulczewski, a DWC faculty member, who responded to a request from the Palestine Children's Welfare Fund (PCWF) to raise funds for an English reading program in the village of Jayyous in

the West Bank. PCWF introduced the program after the construction of the Separation Wall, which resulted in banning all children from leaving the village. This year, students and staff cooperated in the Book Sale and they brought books and bought some raising nearly six thousand dirhams. "Bring your books, donate your books, buy books, because it is a win situation for everybody. You can get excellent books in very good condition very cheaply and, the money goes to a very good cause," Maureen said.



Children from the English program in Jayyous. Photo provided by Rajaa Abu-Jabr.



Abdul Aziz Al Ghurair, honors a Financial student. Photo by: Aisha Bin Obood.

Students in Hong Kong

By Hessa Al Hammadi
Applied Communications
Year One

Under the sponsorship of Mashreq Bank, DWC second year Financial Services students went on an international trip to Hong Kong accompanied by their teacher and two staff from Mashreq Bank from January 3rd to 9th, 2008.

The purpose of this trip was to give the students the opportunity to visit one of the most dynamic financial hubs in the world, and to explore the differences between Dubai and Hong Kong as financial cities. Abdul Aziz Al Ghurair, CEO of Mashreq Bank, said, "To me, the trip to Hong Kong was and is a vital and an integral part of your future development." DWC students visited the Hong Kong Monetary Authority, and the Mashreq Hong Kong branch. They also visited some entertaining places like the Ocean Park, and Stanley Market.

First UAE female horse-riding team

By Kawthar Bin Natoof
Applied Communications
Year One

Six Emirati young women created 'Arabyana', the first female horse riding team in the country. The founders of the team aim at changing stereotypes some people have about Emirati women and encouraging more Emirati women to compete locally and internationally.

Hanan Al Muhairi, a DWC Bachelor of Applied Media Studies student and the president of Arabyana, said, "We want our team members to become role models for other national women in the UAE and encourage them to consider horse

riding as a career. There are some future plans for our team to participate in different events that are related to horse riding in the future."

"Also, we will work on enhancing the relationship between the team and both government and private sectors."

"We hope to meet His Highness Sheikh Mohammed Bin Rashid Al Maktoum to brief him about our progress and achievements, and that we are proud of him as he encourages the Emirati Women to join the sports field," Hanan says.

Get a Second Life

By Reem Ahmed
Applied Communications
Year One

DWC Higher Diploma IT students participated in a virtual exchange program with students from KAIST University in Korea using Second Life, a 3-D website which is created by members from all over the world.

Year One IT students had the chance to virtually meet students from KAIST University in Korea. Nicole Shammass, a DWC English teacher and supervisor of the project said, "The aim of this project was to enhance cultural awareness, and improve the students' English and IT skills". The exchange started in mid February and will continue through to the end of March. Six of these students volunteered to

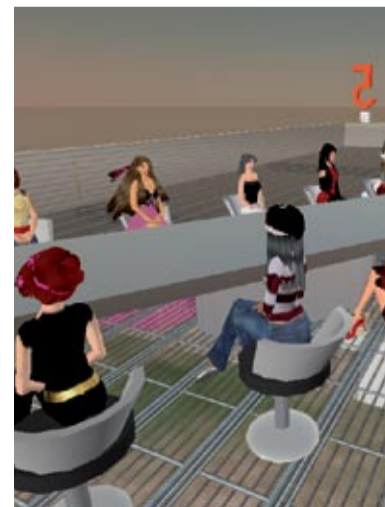
attend Second Life tutorials with Marc Karstad from CALM. Then, they coached the rest of their classmates through Second life and gave presentations to both HD1 and HD Foundations.

Mona Al Awadhi, a year one IT student said, "I was impressed from the first time I accessed Second Life, and I am hoping to build many things and places in Second Life and develop my IT skills."

"It was a rewarding experience to communicate with people, and travel to many places online," Marwa Al Banna, another participant said. All the students commented on how much they had learnt about Korea from their exchange partners and how they have learnt to be more accepting of other cultures.

Using Second Life provides many of the advantages of an interna-

tional exchange and it is the best alternative to actually being there. In addition to this, it has proven to be extremely popular and motivating for the students. HD 1, Section 1 IT students are available to give Second Life Training and support if required.



The members of Second Life. Photo provided by: Mona Marzouqi.



Don't let sadness overcome you. Photo by: Reem Ahli

Dealing with death and grief

By Reem Ahli
Applied Communications
Year One

Every minute of our life, a new soul is born and another is lost. That's the circle of life. Death is the end of every single creature on the planet, but what if you had a special person who just passed away, what would you do? Will you be able to get over it? Would you lose hope and faith or would you be able to collect yourself and continue to enjoy life?

Dr. Naresh.K Dhar, a Dubai-based psychiatrist, says, "The first reaction you have after someone close passes away is you deny it, and you say that the person is not dead and he is coming back. When you realize the fact, you are hurt, but it is important to release your pain and emotions because you will express whatever is inside you and then you will be ok." When you are dealing with the death of a close person, you might go through all kinds of emotions: you may be sad, worried, or scared. You might be shocked, unprepared, or con-

fused. You might be feeling angry, cheated, guilty, exhausted, or just plain empty. Your emotions might be stronger or deeper than usual in a way you have never experienced before. Grief is when you are having emotional, physical, and spiritual reactions in response to a death or loss. It takes time to heal, and recover to be the person who you used to be, according to how you felt about the person who died. It is a natural thing to experience this painful feeling, but always remember that life goes on and you should let it go. When you're grieving for someone, Dr. Naresh advises you to try not to be alone, talk to people to express your feelings, let your emotions be expressed and released, eat right because your body still needs nutritious foods to survive. According to teenshealth.org, people sometimes deal with their sorrow in a very dangerous way. Taking lots of painkillers or cutting themselves to escape from the harsh reality of a loss may seem to numb the pain, but the feeling is only temporary. If your pain just seems to get worse, or if you feel like hurting yourself, tell someone you trust about how

you feel, or go to a therapist to unleash your pain.



Seek help before it is too late.
Illustrated by: Shaikha Al Ayali

Too late to brighten the dimness

By Salma Al Saadi
Applied Communications
Year One



Illustrated by: Eman Ghazal

Mariam, a 14-year-old girl who was diagnosed with Adrenoleukodys-trophy, a rare inherited disorder that leads to progressive brain damage, failure of the adrenal gland and eventually death. Months ago, she was a healthy little girl who loved the color pink. Her pink jacket reflected on her soft cheeks and tender lips, but despite her illness, she is able to study and is trying to complete her education like any other normal student. At the beginning of the year, she was a brilliant student who spoke two languages and has high abilities. She was a very social student who made friends with everyone around her school. Because her condition got worse, it was really hard to talk to her, and now, she can barely sit on her wheelchair for an hour. The pink-ness faded away, replaced by a pale yellow face, and black circular spots under her eyes. "It is very hard to teach her, and watch her getting worse every minute. We know that we will not see her in the classroom someday and it will be her day to say goodbye to our lovely class," says Noora Ibrahim, a Special Education Teacher at the Special Needs Center in Dubai. Every minute passes by, teachers feel that Mariam needs to rest at home, since it is becoming too much for her, but at other times they think how she might be feeling alone at home waiting for her time to die. But as Mariam herself says, it is because Allah loves her. Mariam

is not the first and the last child to be born unhealthy because of kin marriage, a social phenomenon that exists in the UAE and many other Arab countries. Asma Ahmad, a Special Education Teacher with the Special Needs Center in Dubai advises couples, particularly if they are relatives, to go for pre-marriage tests. She says, "First, it is important for couples to take a pre-marriage test to make sure that they do not carry similar genes for any disorder. Second, it is critical for newborns to undergo certain procedures to detect any abnormalities in order to be able to place the baby in an early intervention program."



Mariam, the little angel.
Photo by: Salma Al Saadi



Some adults behave like kids! Photo by: Jumana Al Ghamen

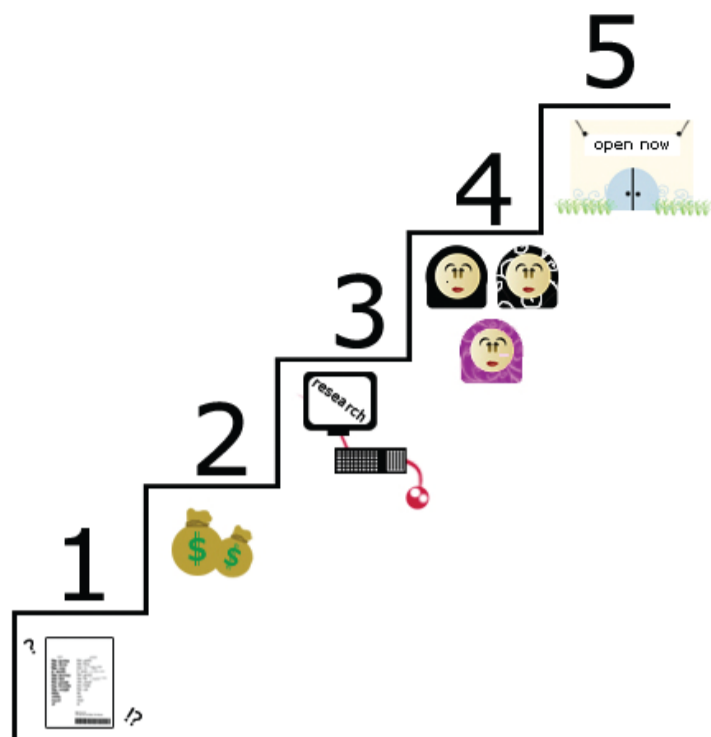
Are you a kidult ?

By Jumana Al Ghanem
Applied Communications
Year One

Have a look at people around you and you will soon recognize them. They are men and women in their 40s or 50s, but are full of childhood spirit. They watch Tom & Jerry cartoons and like mobile phones tones of Star Wars and the Lord of the Rings' soundtracks. They like to carry funky bags and wear funny clothes. They are 'Kidults'. The word Kidult comes from the words kid and adult.

Kidults are the adults who behave like children; and would be attracted to funny stuff like Gucci's baby-doll collection. They usually like to read books like Harry Potter, and watch movies like Ice Age and Cars, and they enjoy playing games. Some adults who behave like kids use this to escape reality. Adults' lives are full of responsibilities and burdens and therefore, taking things lightly and playfully might help them bear life burdens. Tawfiq Saeed, a clinical psychologist in Al Ain, says that a child who lives a wonderful life and an extremely happy childhood and then grows up to face heavy life responsibilities, can't and he simply

resorts to his happy past and his childhood life. Fwzia Ateq, a Diploma Foundation student says, "I'm the youngest one in the family, and I used to be spoiled, well-looked after and treated like kid. Now, I am a grown-up, but still I like kids' stuff and I hate being overburdened with responsibilities." It is healthy for mind and heart to be a Kidult as long as you do not end up disappointing others who count on you.



Steps to start a business. Illustrated by Hessa Al Hamadi

How to start a business

By Hessa Al Hamadi
Applied Communications
Year One

Sometime young business-oriented people, who are enthusiastic to start their new business, rush to turn their ideas into real projects without carefully putting realistic plans or seeking advice from experts. They think if they have the money and the ideas, their business will be successful. But when their business falls below expectations, they might wish they had given it some more thought. What would have been changed if they had started with careful planning? Fahmida Habib, a DWC Financial Services Faculty, gives young entrepreneurs five basic tips to start a business:

1. Understand your business:

Fahmida says, "When people start a business, they need to understand it and that means they must have some experience. Sometimes when people work in a particular type of

business for a few years, they think of setting up something similar. For example, if somebody works in a music company, they can set up another music company because they simply understand the business."

2. Start your business while you're still employed:

Susan Ward, an IT Consulting business, wrote in sbinfoCanada.com, "Being employed while you are starting your business means money in your pocket while you are going through the business start up process." Fahmida, however, says that sometime running your own business is a full-time job and if you are going to work somewhere else, you might not be able to give it your full attention, but it all depends on the person and type of business.

3. Do research:

To start a business, you also need to do good research and you should become an expert in your industry, product and services. "You can do some research or hire a research

company to do the research for you," Fahmida says.

4. Start it alone or with a group:

Choosing to work alone or in a group depends on your personality. Some people work better in a group because they prefer to share money and responsibility with a business partner. Also, some people prefer to work in a group when they feel they will need different kinds of skills, Fahmida explains. She also adds that working in a group has a disadvantage; you may not agree with your partner and that will cause some problems.

5. Advertisement:

"The need for advertisement differs from a business to another. For example, if it is a shop, you will have to set up your shop and be ready to sell before you start any kind of advertisements. This might not be essential for all types of business, Fahmid explains.

A winter solution for Dubai's traffic

By Ahlam Al Bannai
Applied Communications
Year One

Imagine you get up in the morning and you feel it will be nice a day. You are full of enthusiasm and excitement, but soon you remember that an unwanted guest is waiting for you on the road and it might kill your enthusiasm. The unwanted guest is Dubai's horrendous traffic. But if you think there is no escape, you might be mistaken, because some DWC students and staff have come up with a winter solution for Dubai's traffic: they drive a motorbike to the college.

Many people have recently chosen to ride a motorbike daily to escape from traffic. Juma Al Bloushi, a DWC Paramedic student, travels everyday from his home in Ajman to Dubai Women's College driving his motorbike. He says, "I take 15 minutes from Ajman to Dubai riding my motorbike while car drivers take at least two hours." He is 24 years old and he chooses a bike because driving bikes has been his favorite hobby since he was 13. Juma already has a car, but he prefers the bike. He enjoys traveling with his friends to Oman driving their own motor-

bikes. During the hot days of the summer, Juma drives his car to college because of heat and humidity. Driving bikes can be dangerous and Juma himself was injured in an accident, but now he takes all precautions like wearing a helmet and a jacket. In the future, Juma would not mind if his son drives a bike as long as he knows how to drive safely. Mark Karstad is a DWC faculty who comes daily from Jumeirah riding a motorbike. It takes him 20 minutes to reach college while it takes car drivers one hour from Jumeirah to Garhoud. Mark says he chooses the bike because the running cost are less than ¼ of the cost of running a car. He has been riding bikes since he was 16 years old when he got his first Honda 125. Mark enjoys riding motorbikes and thinks that it is fun. In summer, he makes sure that he wears both a full-face helmet as well as a protective jacket, which lets air flow through. He says it is not that hot as long as he is moving.



Mark Karstad in his office. Photo by Ahlam Al Bannai

Bullfighting in Fujairah



People gather around the bulls. Photo by khamis Al-Hafity

By Ahlam Al Bannai and Jumana Al Ghanem
Applied Communications
Year One

On weekends, residents of other emirates head to Fujairah, a northern emirate known for its natural beauty, stunning coastline and old jagged mountains on the Gulf of Oman. For some young Emirati men, Fujairah has another very special attraction: it is the sport of bullfights!

Every Friday's afternoon, men of all ages gather in Al Towayeen, an area close to Al Reghailat Bridge, to watch the emirate's spectacular bullfights. Passers-by might not be able to see anything but an area

covered in dust, and men shouting here and there. As the dust settles down, two huge tired bulls surrounded by local men make their appearance.

Bullfighting is an exciting sport, which takes place every Friday in Fujairah. This activity really grabs people's attention. For this reason, many people enjoy spending their weekend in Fujairah. Many locals are also interested in this event because it is a traditional sport. Mohammed Al Shari, the organizer of Fujairah's bullfighting, says, "Bullfighting occurred for the first time twenty years ago when Al Zaab tribe; an Emirati tribe, arranged the first bullfight in Fujairah." This activity is based on a fight between two big strong bulls, but you may wonder what makes this activity interesting and engaging

for local men. Bullfighting shows the strength of the bulls, which consequently reflects the strength and pride of the bull's owner.

Bullfighting is a bloodless sport. Shari says the bull, which loses the fight, is the one who looks tired and loses its ability to continue fighting. The owner of the bull that wins the fight then feels proud of the strength of his bull.



Medical Imaging students practice their skills at Dubai's hospitals.
Photo by Amina Shahwari

Medical Imaging work placement

By Amina Shahwari
Applied Communications
Year One

Dubai Women's College students from the year two and year three Medical Imaging Program went for a ten-week work placement starting March 23rd, 2008 at Rashid, Dubai and Al Maktoum Hospitals and clinics. The main objective of the work placement was to gain skills and work with other professional radiographers to know what was involved in radiography. "It is important for our students

to gain the skills they need to work as radiographers. In June, they will be applying for jobs as radiographers and they can't work unless they have these essential skills of radiography," said Alistair Simpson, a DWC Health Science faculty member. The work placement lasted for ten weeks of full time clinical practice. "Ten weeks of full time clinical practice is to allow students to see what full time work looks like. Radiographers work afternoons and nightshifts, and we want our students to get used to the nature of radiographers' occupation," Alistair added.

DWC library week

By Fatema Al Kamali
Applied Communications
Year One

In a step to encourage students and staff to read, DWC Library organized a "Library Week" from April 13th to 19th. About the week activities, Robin Bishop, DWC Library Supervisor, said, "There were many activities that made the students more interested in reading books." "During the 'Library Week', DWC students from different

departments had the chance to participate in a photograph exhibition. The library chose up to 20 photographs to display in the library. Also, the library organized a poster competition for Applied Communications students to design an advertising poster for the "Library Week". Noaf Al Hammadi got the first place. Commenting on her success in the poster competition, Noaf Al Hammadi said, "Inside everyone, there is an energy. We should use this energy, and show it to others."



Noaf Al Hammadi, the winner of the posters' competition.
Photo by: Amina Shahwari

Faculty attends environmental workshop

By Amina Shahwari
Applied Communications
Year One

Alison Oglesby, a Health Science faculty member, attended an environmental workshop under the title "Teacher's Workshop on Green Living 2008" on March 30th, 2008. The workshop was organized by Emirates Environmental Group and held at Courtyard Marriot in Dubai. The main objective of this environmental workshop was to build the capacity of teachers about environmental issues in order for them to then pass the information to their students. "Through this

workshop, we would like to strengthen the knowledge base of teachers on this concept, especially in the context of Middle East," said Habiba Al Marashi, the Chairperson of Emirates Environmental Group. Alison Oglesby emphasized how important it is to increase the awareness of our students about environmental issues. Alison said, "The workshop was a great opportunity to interact with other concerned teachers and exchange ideas about how to increase the awareness of our students about environmental issues." The workshop was a full day event in English, and the attendees were presented certificates of participation at the end of the workshop.



Habiba Al Marashi, the Chairperson of Emirates Environmental Group, leads a discussion during the workshop. Photo provided by Alison Oglesby.

Students get trained at the Emirates Islamic Bank

By Samya Al Mandoos
Applied Communications
Year One

Emirates Islamic Bank offered year two business students training opportunities at the college branch. They worked in shifts and received training by Fatima Al Marzoqy, a DWC graduated Diploma student. Fahmida Habib, DWC Financial Services faculty, said, "Emirates Islamic Bank in DWC Student Center does not only provide

Islamic Banking products for all students and staff but, also it provides training for all year two business students."

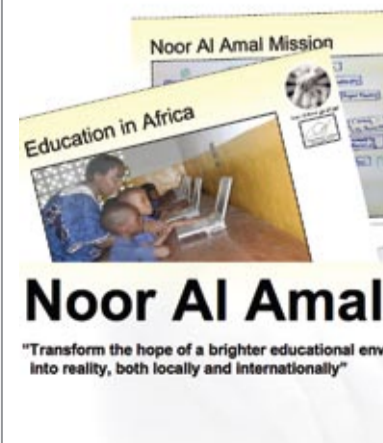


The logo of the project.
Photo provided by: Business Information Technology students

Noor Al Amal Project

By Jumana Al Ghanem
Applied Communications
Year One

DWC year three Business Information Technology students continued working on Noor Al Amal, a project that was launched by them last year. The project aims at helping less fortunate countries by setting up computer laboratories for a female secondary school. Noor Al Amal project started when a group of DWC students contacted the school a few times through video and emails. The Kenyan school and students were very excited about the project. The process began by analyzing the situation in Kenya and then looking for companies to fund the project. Fatma Al Banna, Noor Al Amal's General Manager, said, "This project has really been an eye opener, and a privilege to work on. It also gave us the chance to implement what we learned at the college." Hind Abdulrahman, an IT student who also worked on the project, said, "I think this project really benefited us a lot. It helped us improve our skills in teamwork, planning and implementing. I feel enthusiastic after completing this project."



Students work on Noor Al Amal.
Designed by Jumana Ghanem



Staff are also intrested in new books.
Photo by Hamda Al Bastaki



The catalogue makes ordering easier.

DWC Library receives new books

By Hamda Al Bastaki
Applied Communications
Year One

DWC Library receives new books every Wednesday to offer students and staff the latest books published in different fields. Robin Bishop, DWC Library Supervisor, said, "The college orders books from a site that

belongs to a Canadian company that delivers the books to the UAE." The books ordered are requested from the faculty, students, or staff. Some books are ordered from catalogues that list the latest books published. New books brought to DWC library appeal to a wide variety of interests. Library visitors can find fiction books, non-fiction, history, romance, biographies and autobiographies displayed.

They are arranged in a very easy way for library users. Also, new and old books are listed on the library pages, linked from the DWC portal. "The books are listed in categories," Robin explains. Robin and her colleagues at DWC Library hope to see more books borrowed by students and staff. "The students should come more often and check out the library. It is very exciting," said Robin.

Ticketing system

By Fatema Al Kamali
Applied Communications
Year One

In a technology-based community, DWC Think Aid center introduced a ticketing system from January 2008. This system works by two electronic boards, one is for the 'laptop pickup' and the other is for the 'laptop problems'. It works as soon as the student takes a ticket; the numbers appear

on the board in order so the students can be served by their turn. "The ticketing system makes service easier for us and students, but beside the advantages, it will take time till the students get used to it and use it in the right way," said Hossam Al Hadeka, a DWC IT support. Commenting on the ticketing system, Amna Al Suwaidi, a year one, business student, said, "It saves time, keeps the Think Aid organized, and gives each student a chance to get serviced."



Think Aid's ticketing system makes service organized.
Photo by: Fatema Al Kamali

Student exchange program

By Salma Dalmook
Applied Communications
Year One

Ten students from the Higher Colleges of Technology are to be nominated to join the New East and South Asia Undergraduate Exchange Program. The program provides opportunities for undergraduates from the Middle East, North Africa and South Asia to study in the United States. There are two types of scholarships

offered: a full year or a few-month scholarship, where the students will receive a recognition that will be added to their academic qualifications. Participants will be living on-campus with American students and they will not be able to choose their host institutes. They will also have to perform a minimum of 20 hours of community service to local organizations in their first semester. The program will be covering the selected participant's J-1 visa support, round-trip travel, health benefits, tuition and mandatory

university fees, accommodation, maintenance and enrichment allowance. Commenting on the scholarship opportunities, Mustafa Karkouti, Head of HCT Corporate Affairs, said, "We are very pleased to have such an opportunity for our students. It will enhance their academic qualifications on one hand. In addition, it's a very good experience for our students to live, enjoy and practice other people's lives."

Red Crescent receives donation



Al Zarooni talks about red crescent role. Photo by: Reem Ahmed

By Reem Ahmed
Applied Communications
Year One

The UAE Red Crescent received a donation from DWC Higher Diploma Foundations in a ceremony held in the Multi Purpose Hall (MPH). The amount of money was handed to Mohammad Al Zarooni, Manager of the Red Crescent. Higher Diploma Foundations Students had collected money during the Bazaar. They volunteered

in the Bazaar to sell goods last semester and then they took the money raised and decided to give it to the underprivileged, who are really in need of this money. Al Zarooni talked briefly about how Red Crescent plays a role in changing people's life around the world. At the end of the assembly, Al Zarooni and Jamie Stewart, DWC Dean of Education and Business, signed an agreement to send students to work as volunteers with the Red Crescent.

Psychology Conference

By Khulood Al Jasimi
Applied Communications
Year One

DWC Health Sciences staff attended the third UAE General Psychology Conference for Schools on March 12th, 2008, at Dubai Knowledge Village. The conference focused on virtual, how real? and 'How to be fluent in body language' led by two of the UK's leading psychologists, Professor Nigel Foreman and Dr Mark Coulson. "Participating in this conference enhances students' learning experience in relation to the course 'Human Growth and Development'," Christina Stipetic, a DWC Health Sciences faculty, said.



Health faculty attend the conference. Photo by: Khulood Al Jasimi



A type of dates, known as "knazy". Photo provided by: Noora Al Hawi

The best therapy for you

By Amna Yousef
Health Sciences
Year One

Dates are called mineral storage, because they contain mineral elements such as phosphorus, calcium, iron, magnesium and sodium. They also contain vitamins, such as, vitamin A, B1, B2, and D as well as simple sugars which are easy to digest. Research has shown that eating just one date provides you with enough calories for a full day's work. Dates are very important for children, it can replace sweets. They contain vitamin A, which helps to increase the weight of children; therefore, doctors recommend eating dates for the children's growth. Do you feel nervous? The best

solution is to eat dates. Studies done on nervous people showed that dates help to reduce the excessive activity of the thyroid gland. Furthermore, vitamins B1, B2 and B6, phosphorus and iron that are found in dates are important for thinking. Dates contain an element Fluorine. Dates contain four times more Fluorine than any other fruit, and that plays a role in preventing tooth decay. As advice for women, during pregnancy they should eat dates, because they provide potassium that helps reducing blood pressure. Also, preventing osteomalacia, especially in the pelvic bone. Dates help to strengthen the uterus during birth and increase the uterine muscle to prevent bleeding after childbirth. For that, God inspired the Virgin

Mary to eat dates during childbirth as shown in the Holy Quran, so dates are better than drugs for the birth process. Also, the pollen of palm trees is used to treat infertility. Are you at risk of constipation, or do you know anybody who complains from it? Dates are the best therapy! Recent studies published in the American Dietetic Journal mentioned that dates are useful for treatment and prevention of constipation and hemorrhoids. Dates are easy to digest and they help the body to get rid of constipation because their cellulose fibers help the intestine to move flexibly. In short, dates are not only food, but they are also syrup, candy and medicine.

Use lead-free Kohl

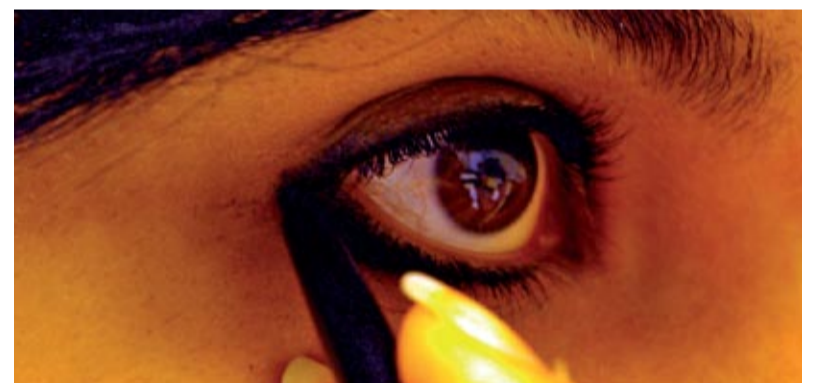
By Ohood Abdulkarim
Health Sciences
Year One

Shaikha is a blind old woman who is around 60 years old. She lives in Dubai with her son and her children. Shaikha lost her eyesight 24 years ago. The way that she lost her eyesight was quite sad. When she was 20 years old, she liked to apply Kohl on her eyes to darken the eyelids and look gorgeous. But, she used to buy cheap unknown brands of Kohl which later caused her blindness. But first let's know more about Koh and its ingredients.

Kohl is a mixture of soot and other ingredients, which is known as "kajal" in South Asian countries, and it used mostly in the Middle East, Africa and Asia. Most people think that Kohl is a makeup product, but actually it was originally worn traditionally as a protection against eye ailments as far back as the Bronze Age.

There are many uses for Kohl. Women use it to darken the eyelids and as mascara for the eyelashes because most people believe that it protects the eyesight and vision by cooling the eyelids from the glare of the sun. Moreover, there are some mothers who apply kohl to their children's eyes after birth to strengthen the child's eyes. Also, other mothers think that if they add a dot of Kohl on the left side

of the foreheads of babies it will protect them from "the evil eye". It is a general belief that most of the ingredients used in Kohl have medicinal properties especially in Indian therapies like ayurveda and Siddha medicines. Also, it is well-documented that some kohls are a harmless natural cosmetic. However, using a certain range of ingredients in kohl is responsible for causing many serious health problems. One of these ingredients is Galena (lead sulfide). Using lead Kohl can put users at risk of lead poisoning. Once the level of lead increases in the bloodstream, it may cause anemia, growth retardation, low IQ, convulsions, and in severe cases, death. There is a lot of lead poisoning in the Middle East and South Asian countries and as a result of this many forms of anemia are prevalent. For that reason, the US Food and Drug Administration, FDA, formulated a policy against lead-containing kohl products and they have informed the public that the sale and use of lead pigments is against the law. These banned products are different from lead-free cosmetics that only use the term «kohl» to describe its shade/color, rather than its actual ingredients. Lead can be replaced by using amorphous carbon or organic charcoal such as: plant oils and the soot from different kind of nuts. It is advisable that you as consumers make sure that the product you use is lead free.



Kohl. Photo provided by: Khulood

Are you a sleepwalker ?

By Wafa Yousuf Al-Emadi
Health Sciences
Year One

They were watching TV when they noticed their youngest sister walking with a pale face and open eyes towards the crowded street. Thank God that they were there to return her to bed. She couldn't remember any of this in the morning; she was a sleepwalker! Sleepwalking is a disorder that causes a person to do activities during sleeping. It might happen at any age, but it is surprising to know that it is most common among children who are aged between 4-8. Also, it occurs in males more than females, and occurs in 18% of the world's

population. What is behind sleepwalking? While sleeping, the brain passes through different stages to transverse from light sleepiness to deep sleep, or as it is called the dream-stage. But any confusion that affects the deep sleep might cause sleepwalking. However, things like fever, hormonal changes, lack of sleeping, psychological illness or some medical conditions like organic brain syndrome might disturb the deep sleep. It is frightening that sleepwalkers don't just wander around and do some ordinary activities such as cooking or getting dressed, they also might attack people and even commit murders without remembering anything of what they did, they just open their eyes but with blocked

brains. Unfortunately, there is no special treatment for sleepwalking. Most doctors tend to prescribe sleeping pills as a temporary treatment. A big problem in this issue is that most people don't consider sleepwalking a dangerous situation. So, it is recommended to take some safety tips such as locating sleepwalkers' bedrooms on the main floor, putting an alarm on the door, keeping harmful objects away.



More students use the gym

By Noaf Al Hammadi
Applied Communications
Year One

DWC students have started to spend their free time engaging in different activities at the college Health and Fitness Centre. Throughout the first semester of 2007-08, DWC Health and Physical Education team saw a notable increase in the number of students using the college Fitness Centre outside their scheduled class times. It has roughly increased by 21-23% since the opening of the fitness centre in September 2006-07

The Health and Fitness Centre features a wide range of sporting facilities, equipment and programs. The students are taking advantage of the Gymnasium (strengthening and conditioning equipment), Group Fitness Studio, Cycling studio and indoor heated pool, which is the most popular. Suzanne Trease, DWC Fitness Centre Supervisor, said, "Our aim at DWC is to broaden student participation in fitness activities and enhance college life." "The students now understand that it is never too late to start being regularly active," she added.

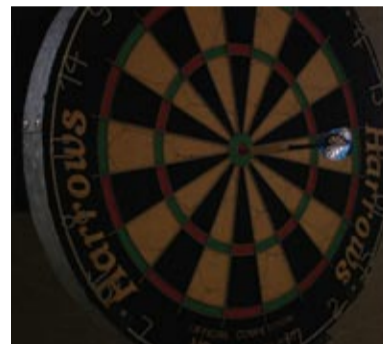
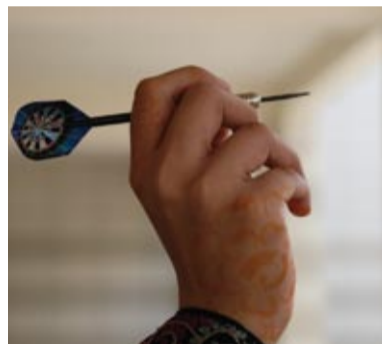


Exercising is a good way to spend your free time. Photo by: Noaf Al Hammadi

DWC 2008 Sport Days

By Mirah Al Falasi
Applied Communications
Year One

In an environment full of joy and energy, hundreds of students and staff participated in DWC's Sports Days on March 10th and 11th, 2008. DWC 2008 Sport Days, scheduled during the college's Health and Physical Education Awareness Week, offered a variety of activities for students and staff to participate in that aim to promote healthy and active lifestyle practices. Students and faculty played with joy and high spirit and participated in exciting games. DWC Health and Fitness Center provided students and staff with maps guiding them to the locations of the days' activities. Tennis, basketball, mini golf, table tennis, soccer, badminton, and volleyball were among the popular games of the days.



Teachers and students participate in different activities.

Photos by: Eman Al Owais and Mirah AlFalasi

Social tennis for faculty and staff



DWC staff practice for the tennis tournament. Photo by: Noaf Al Hammadi

By Noaf Al Hammadi
Applied Communications
Year One

A number of DWC staff organized a social tennis tournament that ran throughout the weeks of March. "The social tennis is a roster designed to get staff out from behind their desks before their drive home, get active and socialize with other staff that they may not specifically work with," said Suzanne Trease, DWC Health and Fitness Centre Supervisor. There were three competitions that the staff participated in: Men's Doubles, Ladies' Doubles and Mixed Doubles. 17 doubles pairs participated in this competition. The

men's doubles had some powerful tennis combinations particularly with Rod Fox and Nick Fellows. They seemed to be the number-one pair. The ladies doubles had a strong combination with Wendy Farrell and Glenys Henry teaming up as the hot favorites, whilst the mixed doubles was a wide-open field, with Graham Spriggs and Lashay Tricker pushing ahead as the favorites from Patrina Reeves and Senan Gibson. Lashay Tricker, Health and physical education faculty, said, "I think that it is a great idea, it is good to play together, and meet faculty members that we haven't met before. It can help us improve our fitness, develop some skills and have lots of fun."

HESF Tournaments

By Salma Al-Saadi
Applied Communications
Year One

DWC students participated in the Higher Education Sports Federation, HESF, in volleyball, chess, basketball, and table tennis Tournaments, which lasted for a month in March 2008. Lashay Tricker, a DWC Physical Education Teacher, says, "The tournaments gave DWC students a fantastic opportunity to put into practice the skills they are learning in the different sports, as well as meet students from other colleges. The

team environment also fostered a variety of skills that are useful in sports and other areas of life."

Volleyball: DWC hosted the volleyball matches on April 22nd and 27th. DWC students played against the American University of Dubai, Best Plan University and Sharjah College teams. Volleyball training was held on Tuesday, from 4pm until 5:30pm.

Table Tennis: Zayed University hosted the table tennis games on April 22nd. DWC students played with the best teams from Zayed and

Al Gurair Universities. Table Tennis training was held on Tuesday from 4pm to 5:30pm coached by Lashay and DWC faculty, Khalid Ansari.

Basketball: DWC hosted the basketball matches on March 16th and 23rd. DWC students played against the American University of Dubai, Dubai University and Sharjah University teams. Basketball training was held every Monday and Wednesday.

Students use pedometers

By Salma Al-Saadi
Applied Communications
Year One



Student wore pedometers to count their steps.

Photo provided by: Sara Al Jawi

In a step to keep DWC Diploma Foundation students healthy, the college Health and Fitness Center provided a Pedometer device to measure every step to stay healthy. The Pedometers enabled students enrolled in all diploma classes to compete and discover who was the healthiest class. Awards were then given to students who walked the most, had the greatest improvement in their activity level, as well to the class that walked the longest distance-Lashay Tricker, a physical education teacher, said, "This was the first time that the students participate in the program. For a week, the students used a

pedometer to measure the amount of steps that they take in a day. The results will then be used to compare with class mates and other classes." "Students were also encouraged to use their mathematics skills to calculate the distances that they walk", added Lashay.

ألفريد نوبل في دبي Alfred Nobel in Dubai

شيخة عوض العيالي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

وأعماله خلال رحلته إلى باريس وأخيراً أعمال الحائزين على الجائزة. يشتمل المعرض على العديد من التقنيات المتطورة والحديثة التي تستخدم لعرض المواد التصويرية والسمعية المختلفة. كما عبر سانبونج كيم، الرئيس التنفيذي لشركة سامسونج للإلكترونيات في الشرق الأوسط وأفريقيا، الراعي لهذا الحدث عن فرحته بهذا الاهتمام بعملية نشر العلم الإبداعي والتميز بحد ذاته، وإنها مبادرة كريمة لتوفير الفرصة التعليمية للطلبة والعامّة للتعرف على إنجازات ألفريد نوبل

افتتح الشيخ نهيان بن مبارك وزير التعليم العالي والبحث العلمي، رئيس كليات التقنية العليا بحضور الأميرة فكتوريا ولية عهد السويد أول معرض من نوعه للحياة واختراعات ألفريد نوبل والذي أقيم في كلية دبي التقنية للطلاب. يعتبر هذا المعرض العالمي المتجول أحد المعارض المتميزة المواكبة لأحدث العلوم والإبداعات. حيث إن دبي هي المدينة الأولى التي تستضيف هذا المعرض. إن هذه فرصة ذهبية للمقيمين والزائرين على أرض الدولة للتعرف على اختراعات ألفريد نوبل التي تتضمن ٧٥٠ جائزة نوبل من المبدعين من مختلف التخصصات حيث يتضمن المعرض ٦ أجنحة مختلفة تعرض حياة نوبل ورحلاته وحياته في سان بطرس بيرج وعناصر الإبداع في الشخصية



معالي الشيخ نهيان بن مبارك آل نهيان، وزير التعليم العالي والبحث العلمي يفتتح معرض نوبل في دبي من تصوير: شيخة عوض العيالي

ورشة عمل في "نادي صورة"

Sora Club holds workshops



نتائج ورشة العمل في نادي صورة من تصوير: أحلام البناي

انعدام الأمل

Is it hopeless?

نورة البلوشي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

كثيراً ما نواجه في حياتنا اليومية آلاماً قد لا ننساها

وكثيراً ما يندفع ألم وراء ألم و تغزر جروحنا نزفاً منه

وكثيراً ما نعتقد أن لا بد من ظهور الأمل خلف الألم

ولكن.. أين الأمل؟

بعد ظهور.. الخداع.. لا يوجد أمل

بعد ظهور.. الخيانة.. لا يوجد أمل

بعد ظهور.. النفاق.. لا يوجد أمل

بعد ظهور هذا الزمن المخيف الذي لا نعلم ما يخبئه لنا الغد.. لا يوجد أمل

مشاعرنا تنرف و تتألم بسبب الألم الذي قد يسببه لنا.. الخداع والنفاق والخيانة

أين ضمير ((الإنسان)) وأين تخبئة إنسانيته؟

أو ربما قد يندم الأمل بإنعدام هذه الضمان الغائبة في هذا الزمن المخيف

أيها :: المخادع :: ماهي فوائده في نرف جرح غيرك؟

أيها :: الخائن :: ما هو شعورك إذا تعرضت للخيانة؟

أيها :: المنافق :: ألا تخاف من الواحد الأحد..؟

تفرحون.. تضحكون.. تتسلون!!.. و من ثم ماذا؟

تهدرون وقتكم و وقت غيركم.. تسببون لهم آلاماً كثيرة.. أو ربما تخلقون آلاماً لم يكن موجوداً و لربما تجدون آلاماً قد بات و خمد

ماذا نفع.. إذا وثقنا و من ثم خدعنا أزلت الثقة و تلاشت من هذا الكون أم من المفترض أن لا نثق في أحد

لا تنسى.. يا من غاب ضميرك أو غابت إنسانيتك.. أنه كما تدين تدان

و تبقى الأمانة تغذي بذكريات و تزداد ألاماً و لكن ب وجود الواحد الأحد.. تبقى الثقة و ينزرع الأمل من جديد



معالي الشيخ نهيان بن مبارك آل نهيان، وزير التعليم العالي والبحث العلمي، يفتتح المؤتمر

التقنية الخضراء

IT Conference at DWC

و قد أشار الشيخ نهيان بن مبارك أننا "في دولة الإمارات العربية المتحدة نغتنم الفرص المماثلة لتطوير بلدنا بصورة تعكس قيمنا المهمة، وإننا نستخدم مواردنا لنصبح دولة رائدة في استخدام التقنيات النظيفة. وعلى سبيل المثال، تشهد إمارة أبو ظبي الآن بناء مدينة (مصدر)، التي ستكون مدينة خالية من الكربون، وإن هذا الجهد يجسد بصورة واضحة الرؤية الفذة لصاحب السمو الشيخ خليفة بن زايد آل نهيان -حفظه الله ورعاه-، الذي حدد التطور الاقتصادي المستدام كمحور مركزي لهذه الفرصة، وإن تلك القيادة الحكيمة لصاحب السمو رئيس الدولة، وكذلك القيادة الرشيدة لصاحب السمو الشيخ محمد بن راشد آل مكتوم، نائب رئيس الدولة، تجعل من الإبداع والاستخدام المسؤول للتقنية أساساً للتقدم الاجتماعي والاقتصادي بالدولة،" و في الختام، كانت جلسات المؤتمر مثمرة بالأفكار الجديدة والطرق الفعالة المفيدة لحل المشاكل البيئية الناتجة عن التقنيات الحديثة.

جمانة الغانم
قسم الإعلام والاتصال الجماهيري
السنة الأولى

افتتح معالي الشيخ نهيان بن مبارك آل نهيان، وزير التعليم العالي والبحث العلمي، المؤتمر الرابع "المرآة في تقنية المعلومات" الذي أقيم في كلية دبي للطالبات بتنظيم من قسم تقنية المعلومات في يوم الأربعاء الموافق ٢٧/فبراير/٢٠٠٨ و كانت الفكرة الرئيسية للمؤتمر هي تأهيل الطلبة والخريجين لمواجهة المشاكل البيئية التي تخلفها التقنيات الحديثة و تم توحيثهم فيما يتعلق باستخدام هذه التقنيات بالطريقة السليمة من خلال مناقشة حلول لمشاكل الإدارة البيئية، وكذلك أتاح المؤتمر للطلبة فرصة تبادل الأفكار مع المتحدثين، الذين ركزوا على معالجة القضايا الراهنة و سلطوا الضوء على الفرص المتاحة في القطاعات المختلفة في دبي و دولة الإمارات العربية المتحدة.

و كانت عبارة عن ورشة أساسيات تصوير الوجوه و تعديل هذه النوعية من الصور . قدم الدورة المصور الإماراتي الشاب بدر العوضي مسؤول أنشطة في نادي الإمارات للتصوير .

شيخة عوض العيالي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

و كانت الدعوة عامة لجميع الطالبات و الأساتذة لحضور ورشة العمل. قالت بلقيس البعداني نائبة رئيسة نادي صورة للتصوير الفوتوغرافي و طالبة في السنة الثانية أشعة " نحن نعمل على إعطاء الطالبات المزيد من الدورات والورش لصقل موهبة التصوير لديهن و لتقويتها كما نخطط لإقامة عدد من الرحلات الخارجية، وإن الهدف من تقديم ورش العمل و الدورات ما هو إلا تشجيع المواهب الإماراتية الشابة لهذا إن جميع انشطتنا تقدم مجاناً"

معظم الناس يعتقدون بأن الإبداع لا يأتي إلا بما تعلموه من والديهم في الصغر لا يعتقدهم بأن تعلم الأشياء الجديدة بأخذ منهم الوقت و الجهد فلن يتمكنوا من الإبداع فيها. و لكن للمبدعين نظرة أخرى فهم يقولون بأننا يجب أن نطلق العنان لحواسنا و نعطيهما فرصة للتعبير لأن لكل حاسة هواية. و من خلال هذا المنطلق نظم نادي صورة للتصوير الفوتوغرافي في كلية دبي للطالبات خطة للأنشطة و الفعاليات في الفصل الدراسي الثاني. و ضمن الخطة وفر نادي صورة عدداً كبيراً من المسابقات و الدورات و ورش العمل في الأيام الدراسية المفتوحة و ورشة العمل الأولى أقيمت في الرابع من مارس ٢٠٠٨

أسرتي الأكاديمية

My academic family



أمينة شهوري
قسم الإعلام والاتصال الجماهيري
السنة الأولى

كم هو جميل أن تحظى بأسرة توفّر لك المناخ المناسب للعطاء والإبداع. و تفتح لك آفاقاً للابتكار. وهذا ما قدّمته لي أسرتي الأكاديمية في تقنيّة دبي للطالبات خلال فترة زمنيّة بسيطة من عمر دراستي في مجال الإعلام. تلك الفترة التي استطعت الوصول من خلالها إلى مرحلة قريبة جداً من مراحل النضج الإعلامي. إنني لا أبلّغ إن قلت بأن أعضاء هيئة التدريس في قسم الإعلام والاتصال الجماهيري بتقنيّة دبي للطالبات أسرة يتفاعلهم مع إبداع أي طالبة و يتأثرون بغياب أي عضو من أعضاء هيئة التدريس. مما يدل على أنّ قسم الإعلام بأكمله من أساتذة إلى طالبات يعيش ضمن منظومة متكاملة أساسها التعاون و روح الجماعة. دعم من هنا. و تشجيع من هناك. ساهما في إكسابي مهارات إعلاميّة عديدة و متنوّعة. و هذا ما حرّضت عليه أسرتي الأكاديمية منذ البداية.

فأصبحت بفضل الله و من ثم بفضل أساتذتي قادرة على كتابة التحقيق الصحفي. و حمل الكاميرا على النحو الصحيح. و خوض تجارب عمليّة عديدة في مناسبات إعلاميّة كثيرة شهّدها هذا العام ابتداءً بمهرجان الشرق الأوسط للأفلام السينمائية. و انتهاءً بمهرجان دبي العالمي للأفلام السينمائية. و مشاركات عديدة استطعنا من خلالها الاستفادة والإفادة.



أحلام تتحدث مع الدكتورة ليلي
تصوير: إيمان العويس

وجه جديد في الكلية

New Counselor in DWC

أحلام البناي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

استقدمت كلية دبي للطالبات أخصائية نفسية جديدة لطالباتها كعاداتها في تقديم كل ما هو جديد و مفيد للطالبات. الأخصائية النفسية الجديدة الدكتورة ليلي السامرائي أمريكية الجنسية من أصل عراقي انضمت إلى الكلية كأخصائية نفسية جديدة في بداية شهر يناير عام ٢٠٠٨ و بعد هذا أول تواجد لها في دولة الإمارات العربية المتحدة و لقد حصلت الدكتورة ليلي على شهادة الماجستير والدكتوراة في الطب النفسي من الولايات المتحدة الأمريكية.

و عن الخدمات التي تقدمها الدكتورة ليلي قالت " أستطيع مساعدة الطالبات في المشاكل الصحية و النفسية والاجتماعية سواء كانت مشاكل متعلقة بالكلية أم متعلقة بحياتهن الخاصة وأنا على استعداد .لمقابلة الطالبات في أي وقت كان .

قالت فاطمة آل ثاني مسؤولة في شؤون الطالبات " إن كلية دبي للطالبات تحرص على توظيف أخصائيات محترفات و خبيرات ليقمن بتوفير خدمات جيدة للطالبات و لمساعدتهن في أي مشاكل تتعلق بدراستهن أو حياتهن الخاصة لهذا وفرت الكلية الأخصائية الجديدة ليلي لناخذ من خبرتها و نستفيد من معرفتها"

إزالة الشعر بالليزر

Laser hair removal



الممرضة فيريال تتحدث
تصوير: خلود الجاسمي

على الشعر بحيث أن قسماً من الشعر يصبح خاملاً أو مشلولاً. لا يعمل الليزر على الشعر الأبيض أو الرمادي.

وأفادت الدكتورة أن " الليزر لا يزيل الشعر نهائياً ولكن يخفف منه وليس له مضار على جسم الإنسان"

وأفادت أمينة شهوري إحدى الطالبات اللواتي حضرن المحاضرة " استمتعت بالمحاضرة و اكتسبت فكرة عن مجال إزالة الشعر بالليزر وأتمنى من إدارة الكلية تنظيم المزيد من هذه المحاضرات التوعوية"

خلود الجاسمي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

ضمن فعاليات اليوم الرياضي الذي تنظمه الكلية ألفت الدكتورة بان عبد الرزاق طبيبة جلدية من عيادة كايا الطبية محاضرة للطالبات بعنوان إزالة الشعر بالليزر في 9 مارس 2008 . في قاعة المحاضرات في الكلية حيث تحدثت عن أنواع الشعر و طرق إزالته وتحدثت عن كيفية نمو الشعر .

تحدثت أيضا عن كيفية إزالة الشعر بالليزر وما الأساس العلمي الذي يعمل الليزر من خلاله على إزالة الشعر وفي الواقع إن الليزر لا يزيل الشعرة ولكنه يؤثر

إبداعات طلابية Creative Images

إيمان العويس
قسم الإعلام والاتصال الجماهيري
السنة الأولى



ميره الفلاسي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

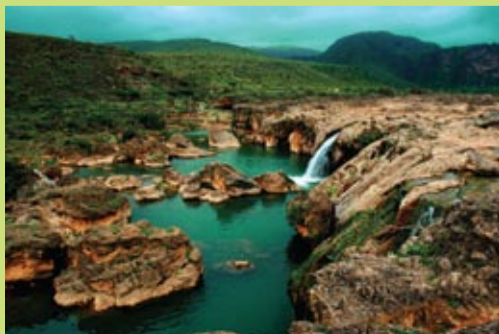
" شمعة أمل"



يقول هارولد أندرسون (لا تكمن أهمية الإبداع في كونه عملية إنتاج تشهد كل لحظة من لحظاتها ولادة جوهرة ذات قيمة أنية ليس ذلك فحسب بل تكمن الأهمية في كون الإبداع ضرورة من ضرورات الحياة). و كلمة إبداع تعني إحداث شيء أو صنعه بشكل لا سابق له.

شبيخة عوض العيالي
قسم الإعلام والاتصال الجماهيري
السنة الأولى

" أضواء المدينة"



" جنة من جنات الطبيعة"

سلمى دلموك
قسم الإعلام والاتصال الجماهيري
السنة الأولى

" سحر اللؤلؤ"





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